

Tikkun Hatzot HaYom

R. Eli Mansour writes:

The three-week period between Shiva Asar Be'Tamuz and Tisha B'Ab is known as "Ben Ha'mesarim," during which we observe certain practices to mourn the destruction of the Bet Ha'mikdash.

The Arizal (Rabbi Yishak Luria, 1534-1572) wrote that it is proper during this period for "Hasidim Ve'anshe Ma'ase" (particularly pious and devoted people) to recite each day the "Tikun Rahel" section of the "Tikun Hasot" prayer, which we printed in many Siddurim. The "Tikun Rahel" contains many verses describing the destruction of the Bet Ha'mikdash, and its recitation thus helps put a person in the proper frame of mind for this period of mourning. Many recite this service each night throughout the year as part of the "Tikun Hasot" prayer, but the Arizal held that it is proper to recite it as well every afternoon during the three weeks between Shiva Asar Be'Tamuz and Tisha B'Ab. The recitation should take place from Hasot (midday as defined by Halacha) until the point of "Minha Ketana" in the late-afternoon hours. This practice is also mentioned by the Hida (Rabbi Haim Yosef David Azulai, 1724-1806), in his works Yosef Ometz and More Be'esba.

Hacham Ben Sion Abba Shaul (Israel, 1924-1998) ruled that one should not recite "Tikun Rahel" on days marking joyous occasions, such as on Friday afternoon, when we prepare to welcome the Shabbat, as well as Shabbat itself. It should likewise be omitted on Rosh Hodesh Ab and on Ereb Rosh Hodesh Ab. On days when a person omits Tahanun due to a personal celebration, such as a Mohel (person performing a circumcision), a Sandak (one who holds the child during circumcision) and the father of a child on the day of a circumcision, one should omit "Tikun Rahel," as well. The festive nature of these occasions requires omitting the somber recitation of "Tikun Rahel," which, as mentioned, speaks of the tragedy of the Temple's destruction.

Furthermore, one should not recite "Tikun Rahel" during the afternoon of Tisha B'Ab, when we begin turning our attention away from mourning and toward our hopes and anticipation of redemption. Since at this time we focus on the prospect of redemption rather than on the tragedy of the destruction, it is inappropriate to recite "Tikun Rahel."

One should not mistakenly think that this practice is reserved for Kabbalists or great scholars. Reciting "Tikun Rahel" during the three weeks is a most beneficial practice for all people, as it sets the mood and puts one in the proper mindset for the period of mourning. Reading these verses can be very inspiring and bring a person to a greater appreciation of the tragedy of the Temple's destruction, and to a more profound sense of loss. It should be noted that during the three weeks in Yeshivat Porat Yosef, after the first learning session in the early afternoon all the students sit on the floor and recite "Tikun Rahel." This is thus a practice that all people should observe, in order to enhance one's awareness of the immense tragedy of the Hurban (destruction).

One first begins the Tikkun by personal confession. This is the version as translated by R. Avraham Sutton:

Viddui [R. Avraham Sutton translation]

We beseech You, Hashem our God and God of our ancestors! Let our prayers come before You. Our King, do not ignore our supplications, for, Hashem our God and God of our ancestors, we are not so arrogant and stiff-necked as to think that we are completely righteous and have not erred. On the contrary [we want to admit to You and to ourselves that] we have erred (*chet*), we have sinned intentionally [in order to satisfy our lust] (*avon*), and we have rebelliously committed crimes [which have caused us to become coarse and insensitive, and therefore unworthy of Your forgiveness] (*pesha*). This goes for us, our parents, and the members of our families [whether now or in previous lifetimes].

We wish to admit our guilt [but not to fall into excessive guilt which actually prevents us from doing *teshuvah*]. We have been ungrateful [for all the good done to us and even repaid bad for good]. We have robbed. We have been two-faced and spoken slander [behind others' backs]. We have caused others to deviate [from the right path]. We have caused others to do wrong. We have acted maliciously. We have acted violently [and fraudulently to get what we want]. We have framed lies and been deceitful [in order to save ourselves and get others in trouble]. We have advised others to do things that were harmful to them. We have spoken falsely and not kept our word. We let our anger get the best of us. We have scoffed [and made light of serious matters]. We have rebelled [against You]. We have compromised Your truth for our own convenience. We have shown contempt [and thereby provoked Your displeasure]. We have committed adultery [and other sexual offenses]. We have been stubborn [and turned our hearts away from You]. We have sinned intentionally [in order to satisfy our lust, and have gotten caught in the web of our own rationalizations]. We have rebelliously committed crimes [which have caused us to become coarse and insensitive, and therefore unworthy of Your forgiveness]. We have damaged [the very things which are most sacred and precious to us]. We have oppressed and harassed. We have caused our parents grief and anguish. We have been stiff-necked [and obstinately ignored all of Your reminders to repent and better our ways]. We have acted wickedly [and become twisted inside]. We have corrupted [and destroyed our innate sense of right and wrong]. We have lost our human dignity [and stooped to the level of animals]. We have completely gone astray [and lost our way in life]. We have misled others to go astray as well. [In sum] we have turned away from Your good commandments and ethical laws—all to no avail. But You are just with regard to any punishment that befalls us, for You have acted truthfully while we have just hardened our hearts and become more enmeshed in our sins

Next we recite various Psalms and selections from Scripture:

תהלים Chapter 137 Psalms

- | | |
|---|--|
| א על נהרות, בכל--שם ישבנו, גם-בכינו: בזכרנו, את-ציון. | 1 By the rivers of Babylon, there we sat down, yea, we wept, when we remembered Zion. |
| ב על-ערבים בתוכה-- תלינו, כנרותינו | 2 Upon the willows in the midst thereof we hanged up our harps. |
| ג כי שם שאלונו שובינו, דברי-שיר-- ותוללינו שמחה: משיר ציון, שירו לנו. | 3 For there they that led us captive asked of us words of song, and our tormentors asked of us mirth: {N} 'Sing us one of the songs of Zion.' |
| ד איך--נשיר את-שיר-יהוה: על, אדמת נכר | 4 How shall we sing the LORD'S song in a foreign land? |

ה. אם-אשכחך ירושלם-- תשכח ימיני

ו תדבק-לשוני, לחכי-- אם-לא אזכרכי:
אם-לא אעלה, את-ירושלם-- על, ראש שמחתי

ז זכר יהוה, לבני אדום-- את, יום ירושלם:
האמרים, ערו ערו-- עד, היסוד בה

ח בת-בבל, השדודה:
אשרי שישלם-לך-- את-גמולך, שגמלת לנו

ט אשרי, שיאחז ונפץ את-עלליך-- אל-הסלע

5 If I forget thee, O Jerusalem, let my right hand forget her cunning.

6 Let my tongue cleave to the roof of my mouth, if I remember thee not; {N}
if I set not Jerusalem above my chiefest joy.

7 Remember, O LORD, against the children of Edom the day of Jerusalem; {N}
who said: 'Rase it, rase it, even to the foundation thereof.'

8 O daughter of Babylon, that art to be destroyed; {N}
happy shall he be, that repayeth thee as thou hast served us.

9 Happy shall he be, that taketh and dasheth thy little ones against the rock

תהלים Psalms Chapter 79

א מזמור, לאסף:
אלהים, באו גוים בנחלתך-- טמאו, את היכל קדשך;
שמו את-ירושלם לעיים

ב נתנו, את-נבלת עבדיך-- מאכל, לעוף השמים;
בשר חסידך, לחיתו-ארץ.

ג שפכו דמם, כמים-- סביבות ירושלם; ואין קובר

ד היינו חרפה, לשכנינו; לעג וקלס, לסביבותינו

ה עד-מה יהוה, תאנף לנוצח; תבער כמו-אש,
קנאתך.

ו שפך חמתך-- אל הגוים, אשר לא-ידעוך;
ועל ממלכות-- אשר בשמך, לא קראו

ז כי, אכל את-יעקב; ואת-נוהו השמו

ח אל-תזכר-לנו, עונת ראשנים;
מהר, יקדמונו רחמיך-- כי דלונו מאד

1 A Psalm of Asaph. {N}

O God, the heathen are come into Thine inheritance; they have defiled Thy holy temple; {N}
they have made Jerusalem into heaps.

2 They have given the dead bodies of Thy servants to be food unto the fowls of the heaven, {N}
the flesh of Thy saints unto the beasts of the earth.

3 They have shed their blood like water round about Jerusalem, with none to bury them.

4 We are become a taunt to our neighbours, a scorn and derision to them that are round about us.

5 How long, O LORD, wilt Thou be angry for ever? How long will Thy jealousy burn like fire?

6 Pour out Thy wrath upon the nations that know Thee not, {N}
and upon the kingdoms that call not upon Thy name.

7 For they have devoured Jacob, and laid waste his habitation.

8 Remember not against us the iniquities of our forefathers; {N}
let Thy compassions speedily come to meet us; for we are brought very low.

ט עזרנו, אלהי ישענו-- על-דבר כבוד-שמך; והצילנו וכפר על-חטאתינו, למען שמך

י למה, יאמרו הגוים-- איה אלהיהם; יודע בגיים לעינינו; נקמת, דם-עבדיך השפוך

יא תבוא לפניך, אנקת אסיר: כגדל זרועך--הותר, בני תמותה

יב והשב לשכנינו שבעתים, אל-חיקם; חרפתם אשר חרפוך אדני

יג ואנחנו עמך, וצאן מרעיתך-- נודה לך, לעולם; לדור ודור-- נספר, תהלתך

9 Help us, O God of our salvation, for the sake of the glory of Thy name; **{N}** and deliver us, and forgive our sins, for Thy name's sake.

10 Wherefore should the nations say: 'Where is their God?' **{N}** Let the avenging of Thy servants' blood that is shed be made known among the nations in our sight.

11 Let the groaning of the prisoner come before Thee; according to the greatness of Thy power set free those that are appointed to death;

12 And render unto our neighbours sevenfold into their bosom their reproach, **{N}** wherewith they have reproached Thee, O Lord.

13 So we that are Thy people and the flock of Thy pasture will give Thee thanks for ever; **{N}** we will tell of Thy praise to all generations.

Lamentations Chapter 5 איכה

א זכר יהנה מה-היה לנו, הביט (הביטה) וראה את-חרפתנו

ב נחלתנו נהפכה לזרים, בתינו לנכרים

ג יתומים היינו אין (ואין) אב, אמתינו כאלמנות

ד מימינו בכסף שתינו, עצינו במחיר יבאו

ה על צוארנו נרדפנו, יגענו לא (ולא) הונח-לנו

ו מצרים נתנו יד, אשר לשבע לחם

ז אבותינו חטאו אינם (ואינם), אנחנו (ואנחנו) עונתיהם סבלנו

ח עבדים משלו בנו, פרק אין מידם

ט בנפשנו נביא לחמנו, מפני חרב המדבר

י עורנו כתנור נכמרו, מפני זלעפות רעב

1 Remember, O LORD, what is come upon us; behold, and see our reproach.

2 Our inheritance is turned unto strangers, our houses unto aliens.

3 We are become orphans and fatherless, our mothers are as widows.

4 We have drunk our water for money; our wood cometh to us for price.

5 To our very necks we are pursued; we labour, and have no rest.

6 We have given the hand to Egypt, and to Assyria, to have bread enough;

7 Our fathers have sinned, and are not; and we have borne their iniquities.

8 Servants rule over us; there is none to deliver us out of their hand.

9 We get our bread with the peril of our lives because of the sword of the wilderness.

10 Our skin is hot like an oven because of the burning heat of famine.

יא נשים בציון ענו, בתלת בערי יהודה
 יב שרים בידם נתלו, פני זקנים לא נהדרו
 יג בחורים טחון נשאו, ונערים בעץ כשלו
 יד זקנים משער שבתו, בחורים מנגינתם
 טו שבת משוש לבנו, נהפך לאבל מחלנו
 טז נפלה עטרת ראשנו, אוי-נא לנו כי חטאנו
 יז על-זה, היה דנה לבנו--על-אלה, חשכו עינינו
 יח על הר-ציון ששמם, שועלים הלכו-בו. } פ
 יט אתה יהוה לעולם תשב, כסאך לדור ודור
 כ למה לנצח תשכחנו, תעזבנו לארך ימים
 כא השיבנו יהוה אליך ונשוב (ונשובה), חדש ימינו
 כב כי אם-מאס מאסתנו, קצפת עלינו עד-מאד. } ש

11 They have ravished the women in Zion,
 the maidens in the cities of Judah.
12 Princes are hanged up by their hand;
 the faces of elders are not honoured.
13 The young men have borne the mill,
 and the children have stumbled under the
 wood.
14 The elders have ceased from the gate,
 the young men from their music.
15 The joy of our heart is ceased; our
 dance is turned into mourning.
16 The crown is fallen from our head; woe
 unto us! for we have sinned.
17 For this our heart is faint, for these
 things our eyes are dim;
18 For the mountain of Zion, which is
 desolate, the foxes walk upon it. {P}
19 Thou, O LORD, art enthroned for ever,
 Thy throne is from generation to
 generation.
20 Wherefore dost Thou forget us for ever,
 and forsake us so long time?
21 Turn Thou us unto Thee, O LORD, and
 we shall be turned; renew our days as of
 old.
22 Thou canst not have utterly rejected
 us, and be exceeding wroth against us!

Yeshaya 63: 15-18

הבט משמים וראה, מזבל
 קדשך ותפארתך: איה קנאתך
 וגבורתך, המון מעיר ורחמיר
 אלי התאפקו
 טז כי-אתה אבינו--כי אברהם
 לא ידענו, וישראל לא יכירונו:
 אתה יהוה אבינו, גאלנו מעולם
 שמך.
 יז למה תתענו יהוה מדרכיך,
 תקשיח לבנו מיראתך; שוב
 למען עבדיך, שבטי נחלתך
 יח למצער, ירשו עם-קדשך;
 צרינו, בוססו מקדשך

15 Look down from heaven, and see, even from Thy holy and
 glorious habitation; Where is Thy zeal and Thy mighty acts,
 the yearning of Thy heart and Thy compassions, now
 restrained toward me?
16 For Thou art our Father; for Abraham knoweth us not, and
 Israel doth not acknowledge us; Thou, O LORD, art our
 Father, our Redeemer from everlasting is Thy name.
17 O LORD, why dost Thou make us to err from Thy ways,
 and hardenest our heart from Thy fear? Return for Thy
 servants' sake, the tribes of Thine inheritance.
18 Thy holy people they have well nigh driven out, our
 adversaries have trodden down Thy sanctuary.

Yeshayah 64:7-11

ועתה יהוה, אבינו אתה; אנחנו החמר
 ואתה יצרנו, ומעשה ידך כלנו

7 But now, O LORD, Thou art our Father; we are the
 clay, and Thou our potter, and we all are the work of
 Thy hand.

ח אל-תקצף יהוה עד-מאד, ואל-לעד תזכר עון; הן הבט-נא, עמך כלנו.

ט ערי קדשך, היו מדבר; ציון מדבר היתה, ירושלם שממה.

י בית קדשנו ותפארתנו, אשר הללוך אבותינו--היה, לשרפת אש; וכל-מחמדינו, היה לחרבה.

יא העל-אלה תתאפק, יהוה; תחשה וותענו, עד-מאד. }פ

8 Be not wroth very sore, O LORD, neither remember iniquity for ever; behold, look, we beseech Thee, we are all Thy people.

9 Thy holy cities are become a wilderness, Zion is become a wilderness, Jerusalem a desolation.

10 Our holy and our beautiful house, where our fathers praised Thee, is burned with fire; and all our pleasant things are laid waste.

11 Wilt Thou refrain Thyself for these things, O LORD? Wilt Thou hold Thy peace, and afflict us very sore?

Yirmeyahu 14: 19-21

יט המאס מאסת את-יהודה, אם-בציון געלה נפשך--מדוע הכיתנו, ואין לנו מרפא; קנה לשלום ואין טוב, ולעת מרפא והנה בעתה.

כ ידענו יהוה רשענו, עון אבותינו: כי חטאנו, לך.

כא אל-תנאץ למען שמך, אל-תנבל כסא כבודך; זכר, אל-תפר בריתך אתנו.

19 Hast Thou utterly rejected Judah? Hath Thy soul loathed Zion? Why hast Thou smitten us, and there is no healing for us? We looked for peace, but no good came; and for a time of healing, and behold terror!

20 We acknowledge, O LORD, our wickedness, even the iniquity of our fathers; for we have sinned against Thee.

21 Do not contemn us, for Thy name's sake, do not dishonour the throne of Thy glory; remember, break not Thy covenant with us.

31:14

יד כה אמר יהוה, קול ברמה נשמע נהי בכי תמרורים--רחל, מבכה על-בניה; מאנה להנחם על-בניה, כי }איננו.

14 Thus saith the LORD: A voice is heard in Ramah, lamentation, and bitter weeping, Rachel weeping for her children; she refuseth to be comforted for her children, because they are not.

25:30

יהוה ממרום ישאג וממעון קדשו יתן קולו--שאג ישאג , על-גוהו.

30 The LORD doth roar from on high, and utter His voice from His holy habitation; He doth mightily roar because of His fold;

Yeshayah 22:12

ויקרא, אדני יהוה צבאות--ביום ההוא: לבכי, ולמספד, ולקרחה, ולחגר שק.

12 And in that day did the Lord, the GOD of hosts, call to weeping, and to lamentation, and to baldness, and to girding with sackcloth;

Eicha 1:16

על-אלה אני בוכיה, עיני עיני ירדה מים--כי-רחק ממני מנחם, משיב נפשי; היו בני שוממים, }כי גבר אויב.

16 'For these things I weep; mine eye, mine eye runneth down with water; because the comforter is far from me, even he that should refresh my soul; my children are desolate, because the enemy hath prevailed.

Yirmeyahu 8:21

כא על-שֶׁבֶר בַּת-עַמִּי,
הַשְּׁבִרְתִּי; קִדְרְתִּי, שְׁמָה
הַחֲזַקְתִּנִּי.

21 For the hurt of the daughter of my people am I seized with anguish; I am black, appalment hath taken hold on me.

מִי-יִתֵּן רֹאשִׁי מַיִם, וְעֵינַי מְקוֹר
דְּמָעָה; וְאֶבְכֶּה יוֹמָם וּלְיָלֵה, אֶת
{חַלְלֵי בַת-עַמִּי. }ס

23 Oh that my head were waters, and mine eyes a fountain of tears, that I might weep day and night for the slain of the daughter of my people!

Yeshayah 50:3

אֶלְבֵּישׁ שָׁמַיִם, קִדְרוֹת; וְשֶׁקֶ, אֲשִׁים
{כְּסוֹתָם. }פ

3 I clothe the heavens with blackness, and I make sackcloth their covering.

33:7

הֵן, אֲרָאֶלֶם, צָעֲקוּ, חֲצָה; מְלֹאכֵי
שְׁלוֹם, מֵר יִבְכְּיוּן.

7 Behold, their valiant ones cry without; the ambassadors of peace weep bitterly

Woe is me for the exile of the Shekhinah! Woe is me for the destruction of the Temple! Woe is me for the burning of the Torah! Woe is me for the murder of the righteous! Woe is me for the desecration of His Great Name and His Holy Torah! Woe is me for the enemy is powerful! Woe is me for the pain of all the worlds! Woe is me for the pain of the Holy Forefathers who are in the Garden of Eden! Woe is me for the pain of the Prophets and the pious and the righteous who are in the Garden of Eden! Woe is me for the pain of the Messiah! Our iniquities have caused this, and our rebellions have lengthened our end, and our sins have withheld good from us. Woe to them, to the children who are exiled from their Father's table! This is the reason for how long are the many bad days and years. For each generation that does not build the Temple in its day, it is as if they destroyed it in its day!

Please arouse Your exalted right arm and call the one who has suffered Your anger "the comforted one." And let the poor wretched people who have been so afflicted and storm-tossed be told: "Take comfort."

Please awaken! Bare Your arm and let Your final salvation be revealed! And let the silent lamb that has been so afflicted and storm-tossed be told: "Take comfort!"

Please arouse Your right arm, O Gd, and redeem Yisrael in Your mercy. And let the impoverished, begging nation be told: "The Redeemer has come to Tzion."

Please arouse Your right arm, Highest One! Build Tzion in Your mercy. And let the poor, impoverished nation be told, "Gd has comforted Tzion!" As it is written:

Yeshayah 51:3

כי-נחם יהוה ציון, נחם כל-
חרבתיה, וישם מדברה כעֵדן,
וערבתה כגן-יהוה; ששון
ושמחה ימצא בה, תודה וקול
לְזמרה. }ס

3 For the LORD hath comforted Zion; He hath comforted all her waste places, and hath made her wilderness like Eden, and her desert like the garden of the LORD; joy and gladness shall be found therein, thanksgiving, and the voice of melody

Yeshayah 52:2

התנערי מעפר קומי שבי, ירושלם;
התפתחו (התפתחי) מוסרי צוארך,
לְשביה בת-ציון. }ס

2 Shake thyself from the dust; arise, and sit down, O Jerusalem; loose thyself from the bands of thy neck, O captive daughter of Zion.

62:6

על-חומתיך ירושלם, הפקדתי שמרים--
כָּל-הַיּוֹם וְכָל-הַלַּיְלָה תמיד, לא יחשו;
הַמְזַכְרִים, אֶת-יְהוָה--אֶל-דְּמִי, לָכֵן.

6 I have set watchmen upon thy walls, O Jerusalem, they shall never hold their peace day nor night: 'Ye that are the LORD'S remembrancers, take ye no rest

Daniel 9:18

הִטָּה אֱלֹהֵי אֲזֹנִי, וְשָׁמַע--פִּקְחָה
(פִּקְח) עֵינַיִךְ וּרְאָה שְׁמַמְתֵּינוּ, וְהֵעִיר
אֲשֶׁר-נִקְרָא שְׁמֶךָ עָלֵינוּ: כִּי לֹא עַל-
צְדָקֹתֵינוּ, אֲנַחְנוּ מִפְּלִים תַּחֲנוּנֵינוּ
לְפָנֶיךָ--כִּי, עַל-רַחֲמֶיךָ הַרְבִּים.

18 O my God, incline Thine ear, and hear; open Thine eyes, and behold our desolations, and the city upon which Thy name is called; for we do not present our supplications before Thee because of our righteousness, but because of Thy great compassions.

יֵט אֲדֹנָי שְׁמָעָה, אֲדֹנָי סְלַחָה, אֲדֹנָי
הַקְשִׁיבָה וַעֲשֵׂה, אֶל-תְּאַחֵר: לְמַעַן
אֱלֹהֵי--כִּי-שְׁמֶךָ נִקְרָא, עַל-עִירְךָ וְעַל-
עַמְּךָ.

19 O Lord, hear, O Lord, forgive, O Lord, attend and do, defer not; for Thine own sake, O my God, because Thy name is called upon Thy city and Thy people.

Tehillim 102: 14-15

אֶתָּה תִּקּוּם, תִּרְחַם צִיּוֹן:
כִּי-עַתָּה לְחֻנָּה, כִּי-בָא מוֹעֵד.

14 Thou wilt arise, and have compassion upon Zion; for it is time to be gracious unto her, for the appointed time is come.

טו כִּי-רָצוּ עַבְדֶּיךָ, אֶת-
אֲבֹנֶיהָ; וְאֶת-עֲפָרָהּ,
יִחַנְּנוּ.

15 For Thy servants take pleasure in her stones, and love her dust

Tehillim 147:2

ב בּוֹנֵה יְרוּשָׁלַם יְהוָה; נִדְחֵי
יִשְׂרָאֵל יִכְנס.

2 The LORD doth build up Jerusalem, He gathereth together the dispersed of Israel

Yeshayah 62;6-9

על-חומתיך ירושלם, הפקדתי
שמרים--כָּל-הַיּוֹם וְכָל-הַלַּיְלָה
תמיד, לא יחשו; המזכרים, אֶת-
יְהוָה--אֶל-דְּמִי, לָכֵן.

6 I have set watchmen upon thy walls, O Jerusalem, they shall never hold their peace day nor night: 'Ye that are the LORD'S remembrancers, take ye no rest,

ז ואל-תתנו דמי, לו: עד-יכוון
ועד-ישים את-ירושלם, תהלה--
בארץ.

ח נשבע יהוה בימינו, ובזרוע
עזו: אם-אתן את-דגנך עוד
מאכל, לאיביר, ואם-ישתו בני-
נכר תירושך, אשר יגעת בו.

ט כי מאספיו יאכלהו, והללו
את-יהוה; ומקבציו ישתהו,
בְּחַצְרוֹת קֹדְשֵׁי. }ס

7 And give Him no rest, till He establish, and till He make Jerusalem a praise in the earth.'

8 The LORD hath sworn by His right hand, and by the arm of His strength: Surely I will no more give thy corn to be food for thine enemies; and strangers shall not drink thy wine, for which thou hast laboured;

9 But they that have garnered it shall eat it, and praise the LORD, and they that have gathered it shall drink it in the courts of My sanctuary.